

Bones

Materials Needed

print needed worksheets, child's journal, pencil, crayons, scissors, nine small brads, cardstock

Welcome Time: Free Play

Language Time

Body Full of Bones Letters: Explain that our bodies are made up of many strong bones. We can move them and use them for many different things. Then help the children form different letters using their body. You can also try making letters together.

Worksheet: Letter B

Math Time

"How many toes do you have?": Ask the children how many of certain body parts they have: fingers, arms, legs, teeth, tongue, ears, arms, belly button, finger nails, freckles, knees.

Worksheet: Dinosaurs Have Bones Puzzle

Music Time

Sing "Head, Shoulders, Knees and Toes": Touch the part of body mentioned. Try going faster and faster, then slower and slower. You can try changing the words to, "back, belly, fingers and hands."

Science Time

Worksheet: Build Mr. Bones

Art Time

Worksheet: My Body is Made of Bones

Story Time

Free Play Time