

# Microwave Countdown

## Directions

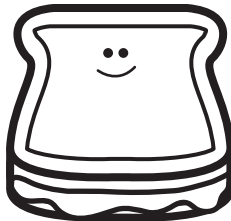
- Color and cut out the pieces.
- Tell your child about how microwaves cook our food and that each food takes different amounts of time to cook.
- Let your child choose a piece and place it in the microwave.
- Help them push the correct buttons to start the microwave, then have your child count down.

Milk



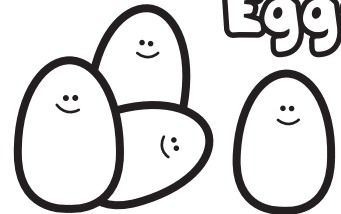
1

Sandwich



2

Eggs



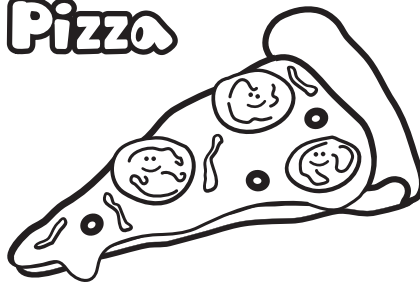
3



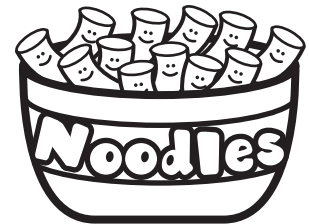
Nachos

4

Pizza

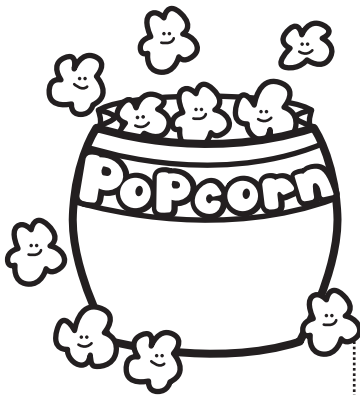


5



Noodles

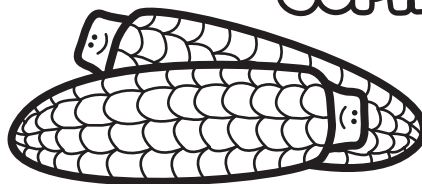
6



Popcorn

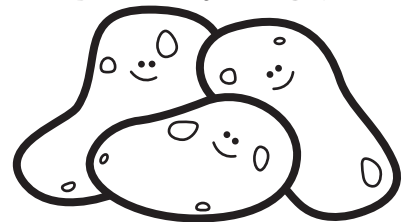
7

Corn



8

Potatoes



9